

Media Release

27 February 2024

Carers Expos: Connecting Tasmanian carers to free support

Care2Serve and Carers Tasmania are proud to announce a series of Carers Expos aimed at raising awareness and supporting unpaid family and friend carers in our community.

These expos are open to the public and will help connect Tasmania's 80,000 carers to the Australian Government's Carer Gateway program and other available services.

"Unpaid carers devote their time and energy to providing practical care and emotional support to a loved one, without expecting anything in return," said Carers Tasmania and Care2Serve CEO, Dr Samantha Fox.

"To ensure that carers receive the support they deserve, Care2Serve is hosting three expos across Tasmania, where carers can connect with our staff and the Carer Gateway program to access free support and services."

"Carers are in our families, our workplaces, our parent groups, sitting next to us at the basketball, or living just up the street."

"Anyone at any time can become a carer for a family member or friend, often without warning and with no alternatives."

"If you are a carer, or know a carer, get along to an expo and find out how we can help."

The details of the upcoming Carers Expos are as follows:

Carers Expo North

Tuesday, 5 March

10 am to 2 pm

Punchbowl Christian Centre,
Launceston

Carers Expo South

Wednesday, 13 March

10 am to 2 pm

Tasmanian Hockey Centre, New Town

Carers Expo North West

Thursday, 21 March

10 am to 2 pm

Burnie Arts & Function Centre, Burnie

Care2Serve can provide support to carers registered with Carer Gateway so that they can attend the expos.

Carers are welcome to contact Care2Serve to find out what other free support they can access through Carer Gateway by calling 1800 422 737 (press 1) between 8 am and 5 pm Monday to Friday.

About Care2Serve

Care2Serve is the service delivery arm of Carers Tasmania, the peak body for informal carers in the state and the sole provider of Carer Gateway program in Tasmania, an Australian Government Initiative to support family and friend carers.

Care2Serve's vision is for Tasmania, where carers can access excellent services when needed. With a mission to work to improve the health, wellbeing, resilience, and financial security of carers and to ensure that caring is a shared responsibility of the family, community, and the government.

Care2Serve has offices in Hobart, Launceston, and Burnie.

About Carers

A carer is a person who provides unpaid care and support to a family member, or friend, with disability, mental ill health, a chronic or life-limiting condition, alcohol or other drug dependence, or who are frail or aged. Informal kinship carers who care for a child under the age of 18, because the parent is unable to, are also recognised as carers. Carers are predominantly family members but may also be friends, neighbours, or colleagues.

Informal carers are distinct from paid support workers, who are also colloquially called 'carers' but fully employed and remunerated with all the employment benefits.

Conversely, family carers perform their caring duties without remuneration other than minimal carer payments and allowances from the Department of Social Services.

Media Contact -

Nick Upadhyay 0416 277 677

