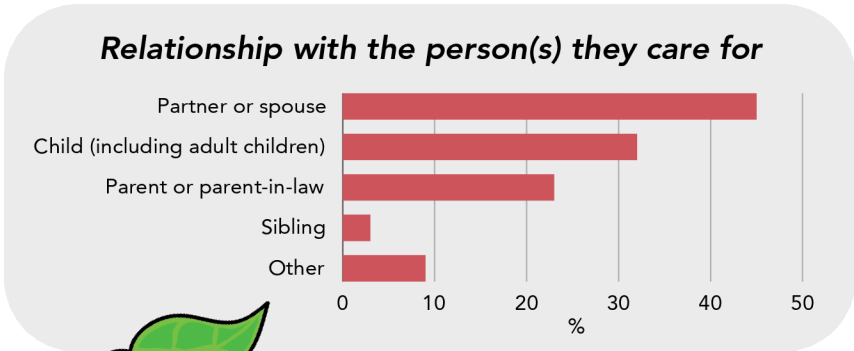
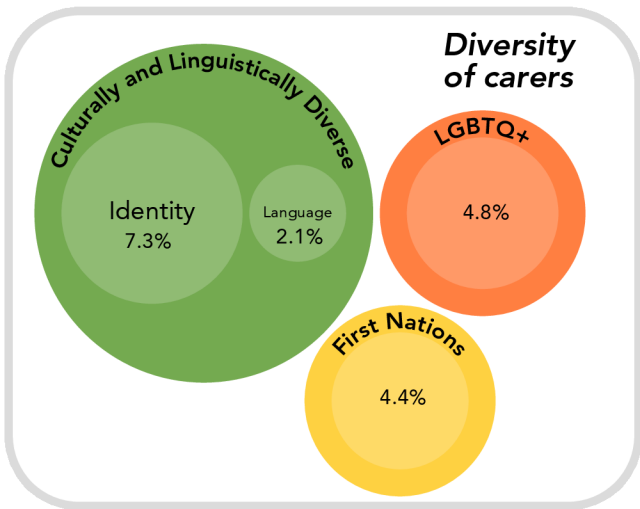
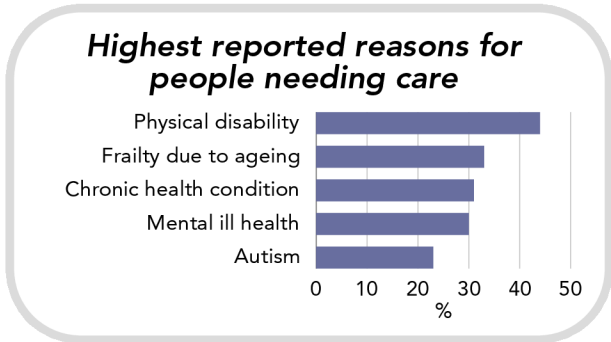
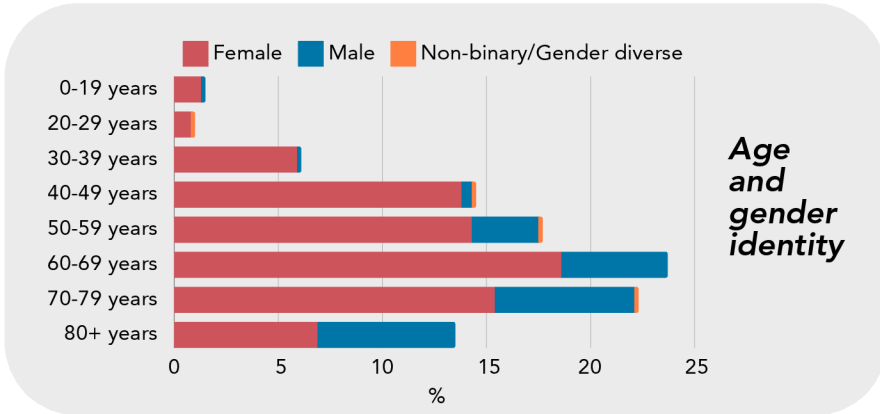


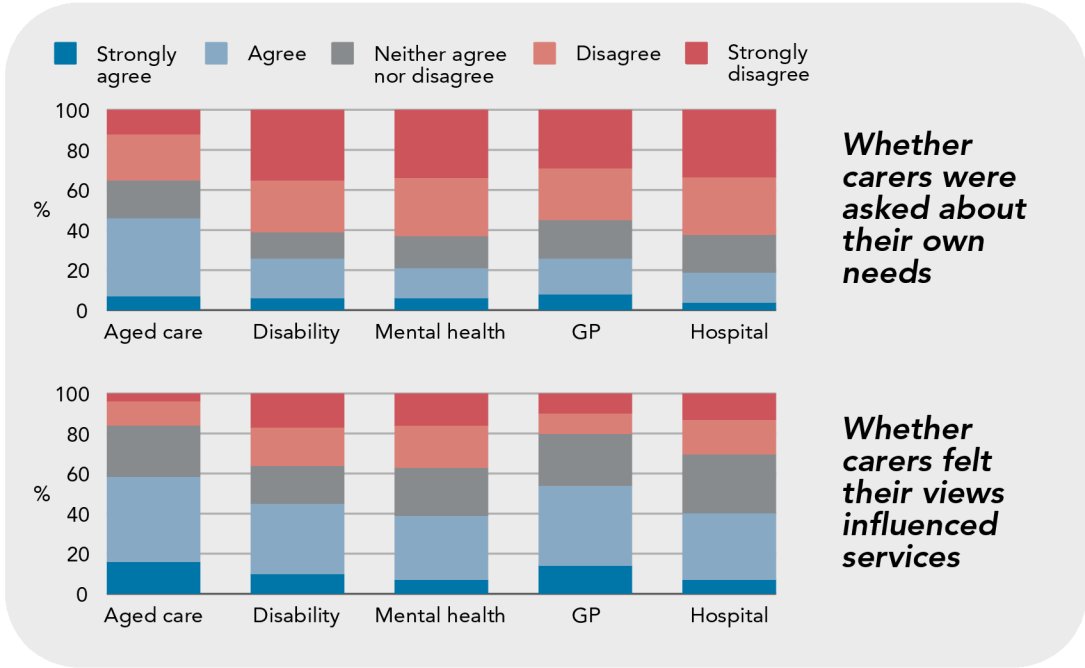


Tasmania Highlights

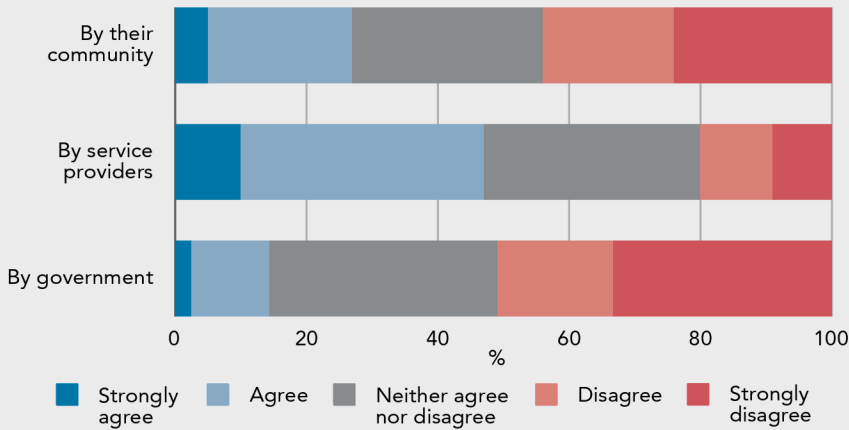
The 2024 National Carer Survey results tell us a lot about carers' day-to-day experiences, support needs and perspectives on caring. Below are some of the key findings from Tasmania so far.



"Having to do so many things for the first time with nobody to help and having no step by step instructions you feel so lost and alone...it does become a struggle financially... which only adds to the stress and worry which pushes you to breaking point..."



How recognised and valued carers feel

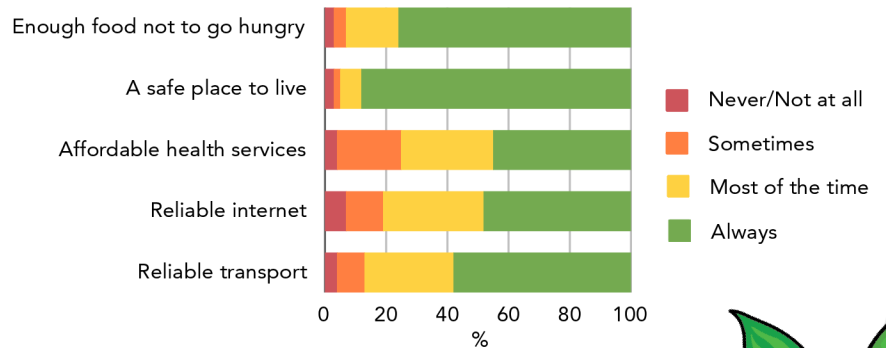


"Getting through each day is sometimes enough to focus on, which means I don't plan ahead enough...It'd be helpful to have tips from someone who can look ahead and anticipate challenges."

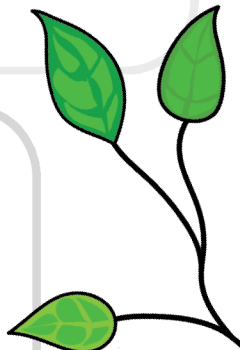
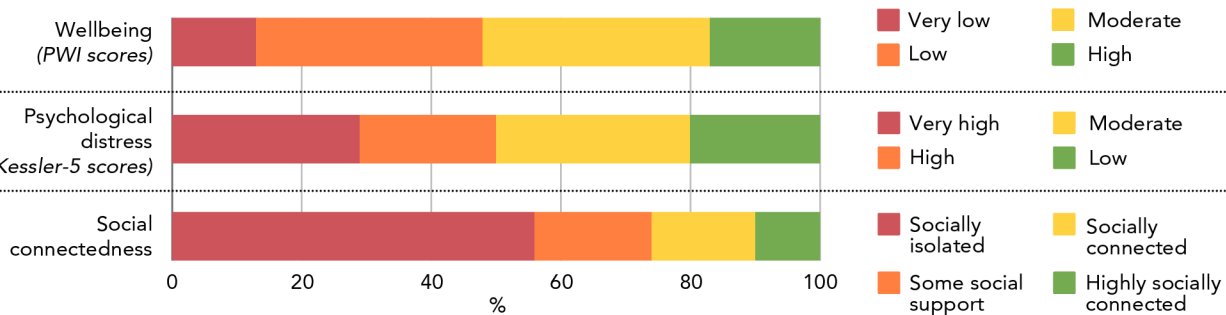
Financial experiences



Whether or not basic needs are met



Wellbeing, psychological distress and connection



"The people close to me recognise my role as a carer and that is what I mainly care about. It would be nice to see high profile people in the general community acknowledge the role of carers more often, to raise the social value of caring."

The National Carer Survey is an initiative of Carers NSW in partnership with the other State and Territory Carer Organisations. The Survey is proudly funded by the NSW Department of Communities and Justice (DCJ).

For more information, visit nationalcarersurvey.com.au, email research@carersnsw.org.au or phone 02 9280 4744.

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